

A grayscale photograph of a modern interior space. On the left, a large, textured stone fireplace wall extends from the floor to the ceiling. Below the stone wall is a dark fireplace opening. To the right of the fireplace is a white, tufted sofa with a patterned throw pillow. In front of the sofa is a round, dark coffee table with a vase of flowers. To the left of the fireplace is a glass door leading outside. The ceiling has a grid pattern with recessed lighting. On the right side, there is a wall with large glass panels and a dark door. The overall atmosphere is clean and contemporary.

ft3

Architecture
Landscape
Interior Design

Seniors Housing

ft3.ca



Residential Design for Seniors

Long-term care design for seniors is an area of expertise at ft3. Increasingly our clients are forward-looking, examining ways in which “aging in place” permits individuals to remain connected to their communities with support that responds nimbly and appropriately to evolving needs. Rather than viewing our projects in isolation, we are increasingly engaging in team conversations with a “life-time” of support in mind.

Corporate Profile

ft3 provides full architectural, landscape and interior design services for healthcare, multi-family housing and offices. Established in 1975 and headquartered in Winnipeg, we've expanded across the prairies. We're proud of that growth, built on a reputation for excellence rooted in four key principles:

- Hire and develop the best and brightest design talent and critical thinkers in the industry;
- Seek client input at each and every stage of the process, ensuring that when the work is completed the

project remains an enduring source of pride for its users, owners and community;

- Create innovative design solutions driven by our clients' needs, vision, budget and schedule; and
- Ensure that green design solutions provide the affordability, flexibility and durability that our clients seek.

We're energized by design that is functional, inspirational, durable and sustainable. From projects ranging from the Grace Hospital new Emergency Department, to the BDO office

redevelopment, to the 300 Assiniboine 25-storey residential tower, meticulous attention to detail and a keen awareness of client needs continue to inform our work.

Ultimately, we believe in the capacity of architecture and the built environment to enhance physical and emotional well-being, productivity and quality of life. Intuitive design is no accident. Meticulous planning, coordination and consultation are key ingredients in design that elevate and inspire in equal measure.

*For more than four decades,
our firm has created spaces
that stand the test of
time through a personal
commitment to quality
that extends from concept
development to construction.*



Kerrobert Integrated Health Centre

CLIENT: ***Heartland Health Region***

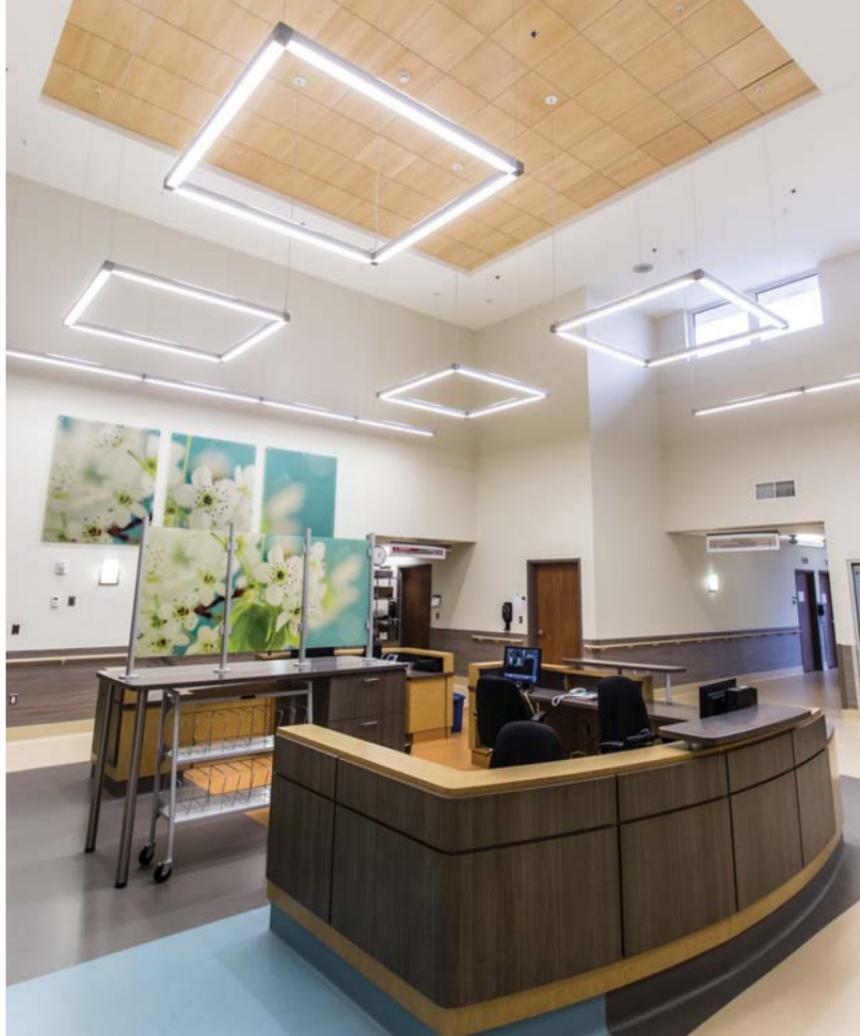
LOCATION: *Kerrobert, Saskatchewan*

SCALE: *4,290 m² / 46,177 ft²*

COMPLETED: *2015*

KERROBERT & DISTRICT
HEALTH CENTRE





JUST WHAT THE DOCTOR ORDERED

Kerrobert Integrated Health Centre, Kerrobert, SK

Designed to serve the acute and long-term care needs of the local community. The facility seamlessly integrates long-term care, and acute care beds, emergency care, diagnostics, community health services, and a medical clinic within the same footprint. The long-term care residents are divided into two, 15-bed 'homes', each with a landscaped, secure garden area accessible via a screen porch.

Biggar Integrated Health Centre

CLIENT: ***Heartland Health Region***

LOCATION: *Biggar, Saskatchewan*

SCALE: *4,450 m² / 55,000 ft²*

COMPLETED: *2014*





COMPASSIONATE LONG TERM CARE SOLUTIONS

Biggar Integrated Health Centre, Biggar, SK

A new 54-resident, long-term care facility to replace the existing Diamond Lodge. The LTC was an addition to an existing hospital. The facility is designed to create a “home” like feel, starting at the front porch of each household. Residents within each household can freely choose their daily routine as they move from living room, kitchen/dining and private activities throughout the day.

Exterior courtyards are accessible via resident’s “back door”, providing secluded and safe access to walking paths, where residents can sit with their loved ones surrounded by familiar prairie vegetation.

Rosetown Integrated Health Centre

CLIENT: ***Heartland Health Region***

LOCATION: *Rosetown, Saskatchewan*

SCALE: *4,585 m² / 49,353 ft²*

COMPLETED: *2014*





A ROSE BY ANY OTHER NAME

Rosetown Integrated Health Centre, Rosetown, SK

A new addition connected to the existing hospital, providing 54 long-term care residents. The long-term care residents are divided into five 10 or 11-resident household configurations each with their own activity space, screened porch and dining room. Three large secure exterior courtyards are located near each “home” to provide residents with private and safe access to the outdoors. Raised planters offer accessible gardening plots for residents' use.

Rest Haven

CLIENT: ***Southern Health–Santé Sud, Rest Haven Nursing Home Inc.***

LOCATION: *Steinbach, MB*

SCALE: *9,500 m² / 103,600 ft²*

COMPLETED: *In progress*





WILLKOMMEN ZUHAUSE

Rest Haven, Steinbach, MB

Already a part of an aging-in-place campus, the major expansion of the Rest Haven Personal Care Home from 60 residents to 142 which is linked to Woodhaven Manor seniors housing (also designed by ft3 in two phases in the 1990s) supports community, family and friends in a safe, residential model. The nursing home institution is deconstructed with 12 new small houses working together in community. Each house has

its own living room, den, dining, kitchen and laundry with private bedrooms and ensuite bathrooms. Residents and community members come together in the common areas, that include outdoor patios and gardens, a sun-filled atrium, a large multipurpose gathering room, a chapel and café. A large family-sized home for 12 residents is ideally suited for preventing the spread of viruses while providing a comfortable social community.

Boyne Lodge

CLIENT: ***Southern Health-Santé Sud***

LOCATION: *Carman, MB*

SCALE: *9,300 m² / 100,000 ft²*

COMPLETED: *In progress*





CONNECTING TO THE COMMUNITY

Boyne Lodge, Carman, MB

Aging-in-Place is about choices. The choice to live in your community. The choice to have options that will allow you to maintain a lifestyle that you have been accustomed to is a positive one. This can be supported by creating a series of households with a small number of residents to maintain a more residential feel. Residential kitchens, dining and living rooms within each of these households offer independence while at the same

time encouraging social interaction, addressing personal safety and providing basic amenities to enable each resident to choose their own daily routine. Once complete we believe that 110 residents will proudly call Boyne Lodge PCH their home, adjacent to their friends in Boyne Tower.



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*Suite 200, 300 Waterfront Drive
Winnipeg, MB Canada R3B 0G5*

204.885.9323 | ft3.ca

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